

TROOP 555
DELPHI ACADEMY

BACKPACKING CHECKLIST

Personal Gear

- Backpack with good straps for lashing outside gear
- Pack cover
- Sleeping bag
- Insulating pad
- Hiking boots
- Hiking socks
- Liner socks
- Camp socks
- Under shirt / T-shirt
- Under shorts / briefs
- Short sleeved shirt
- Long sleeve shirt
- Fleece or sweater
- Lightweight jacket
- Hiking pants
- Belt
- Rain poncho
- Windpants
- Thermal underwear
- Mittens or liner gloves
- Knit cap, wool or synthetic
- Hat, full brim
- Sunglasses
- Bandanna
- Matches / fire starters
- Whistle
- Water storage bottles, wide mouth
- Sport squeeze bottle
- Sierra cup
- Spoon or spork
- Quartered paper towels
- Plastic bags
- Vitamins, Cal-mag, Emergen-C
- Sunscreen
- Lip balm
- Insect repellent
- First aid kit - personal
- Pocket knife or multi-tool
- Compass
- Flashlight, extra bulb, batteries
- Watch
- Camera (optional)
- Small musical instrument (opt.)
- Waterless hand cleaner
- Soap
- Pack towel (or washcloth + towel)
- Toothbrush
- Comb
- Pencil
- Small notepad
- Day pack / fanny pack (optional)

Patrol items to be divided among patrol members

- Tent with rainfly, tent stakes, guy lines
- ground tarp
- Stove
- Fuel
- Water filter or iodine tablets
- Bear canisters or bear bag
- Rope for bear bag
- Dining fly
- Nylon cord for dining fly
- Main meals, re-packaged
- Trail foods and dried fruits
- Pot set with lids, pot lifter
- Spatula, wire whisk (optional)
- Biodegradable detergent
- Sponge / scratchy pad
- Salt, pepper, spices
- Honey
- Condiments, butter
- Cooking oil (optional)
- Teas, powdered drinks
- Toothpaste
- First aid kit - patrol
- Repair kit
- Backpack trowel
- Toilet tissue
- Playing cards (optional)

Patrol planning

- Menu
- Duty roster
- Backpacking checklist for each member
- Patrol shared equipment list
- Hiking plan
- Map of hike
- Rank advancement and merit badge sheets

Prohibited items

Hunting knives and weapons.
All music and video players,
headsets, electronic games,
radios, phones, cell phones,
pagers, GPS devices, computers,
PDA's, laser pointers, and strobe
lights.